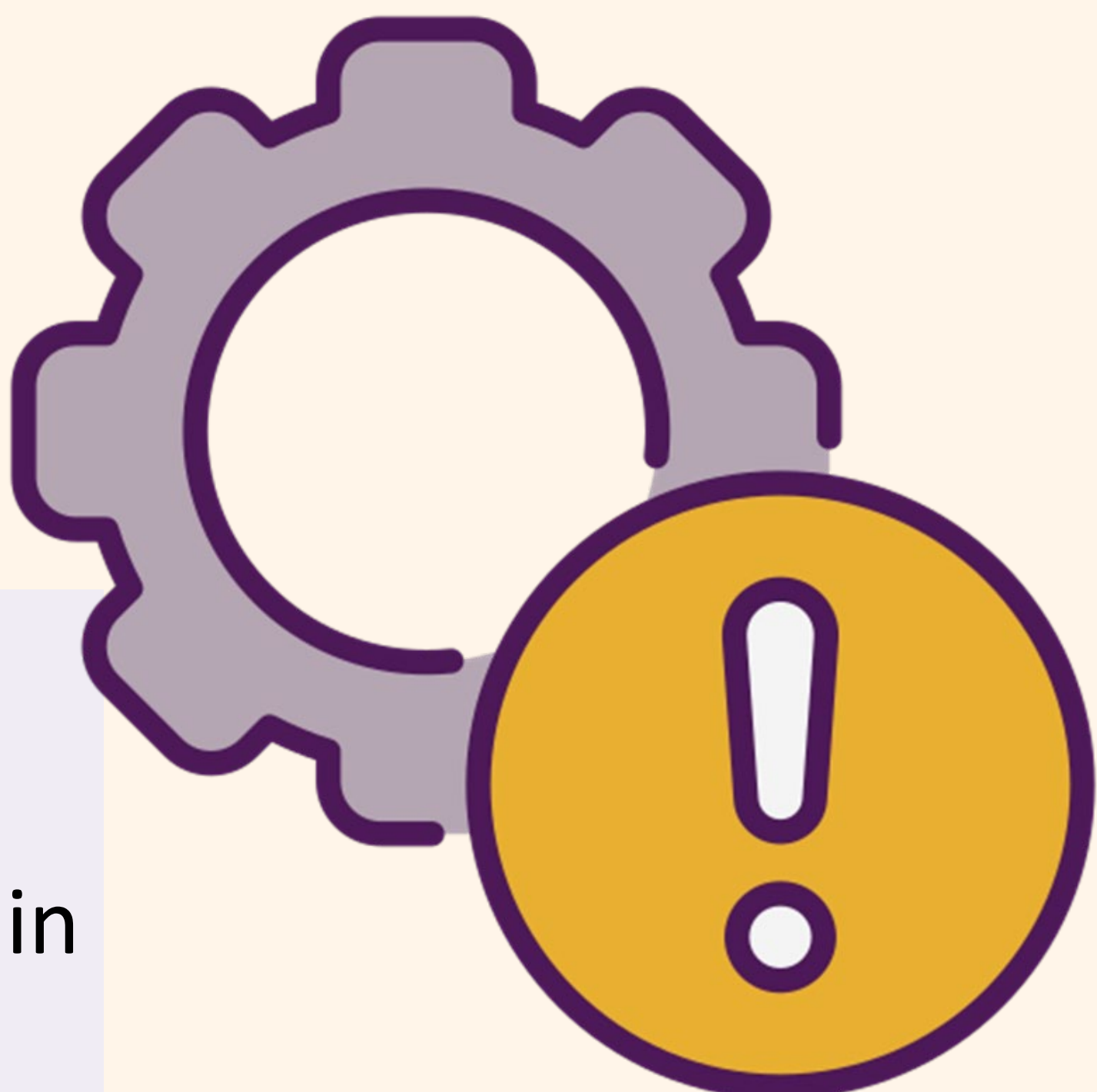


Unlocking the transition: Prognostic modeling for chronic neck pain in primary care

Martine Verwoerd



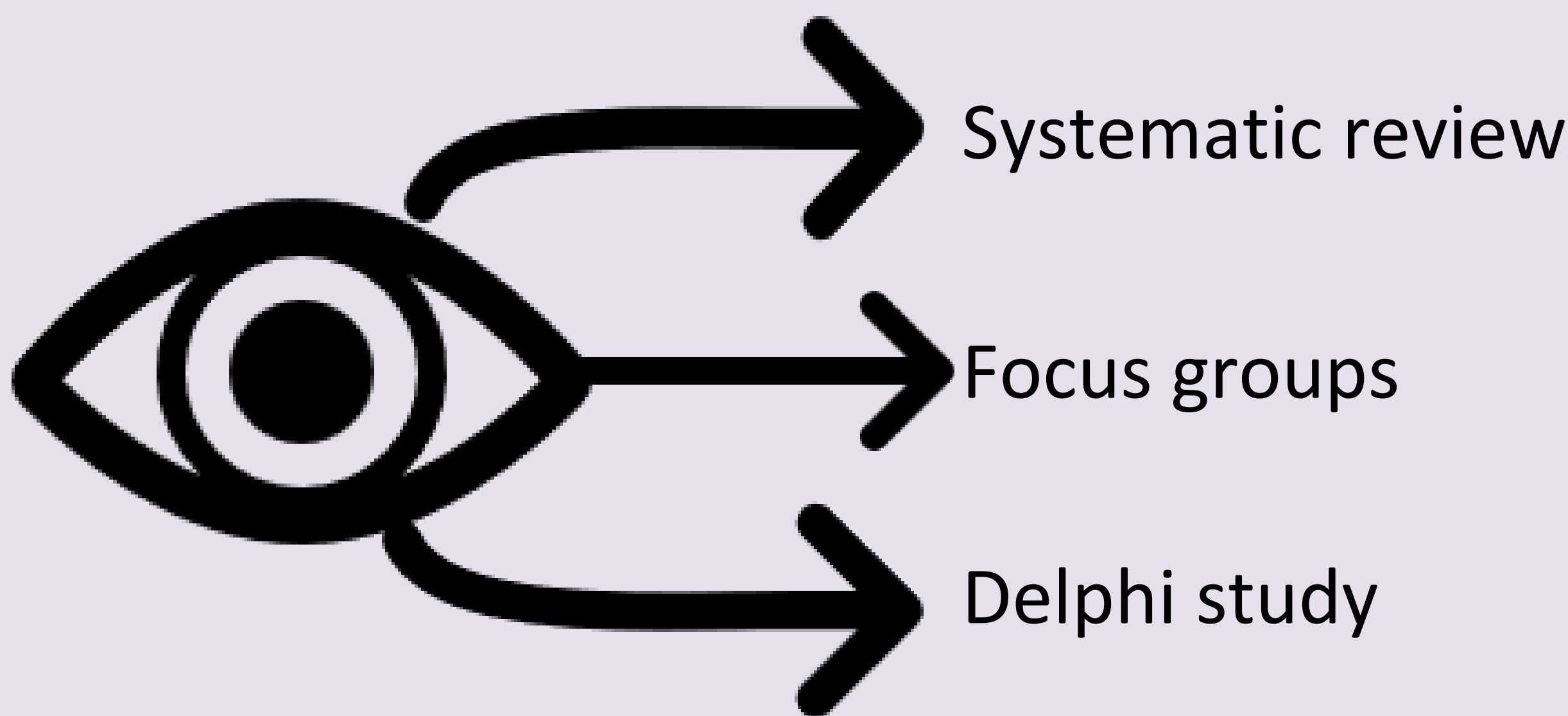
Neck pain – a common biopsychosocial condition
Major public health and economic impact
Third leading cause – years lived with disability in Europe



Which factors drive the transition from acute to chronic neck pain, and are physiotherapists ready to apply them in practice?

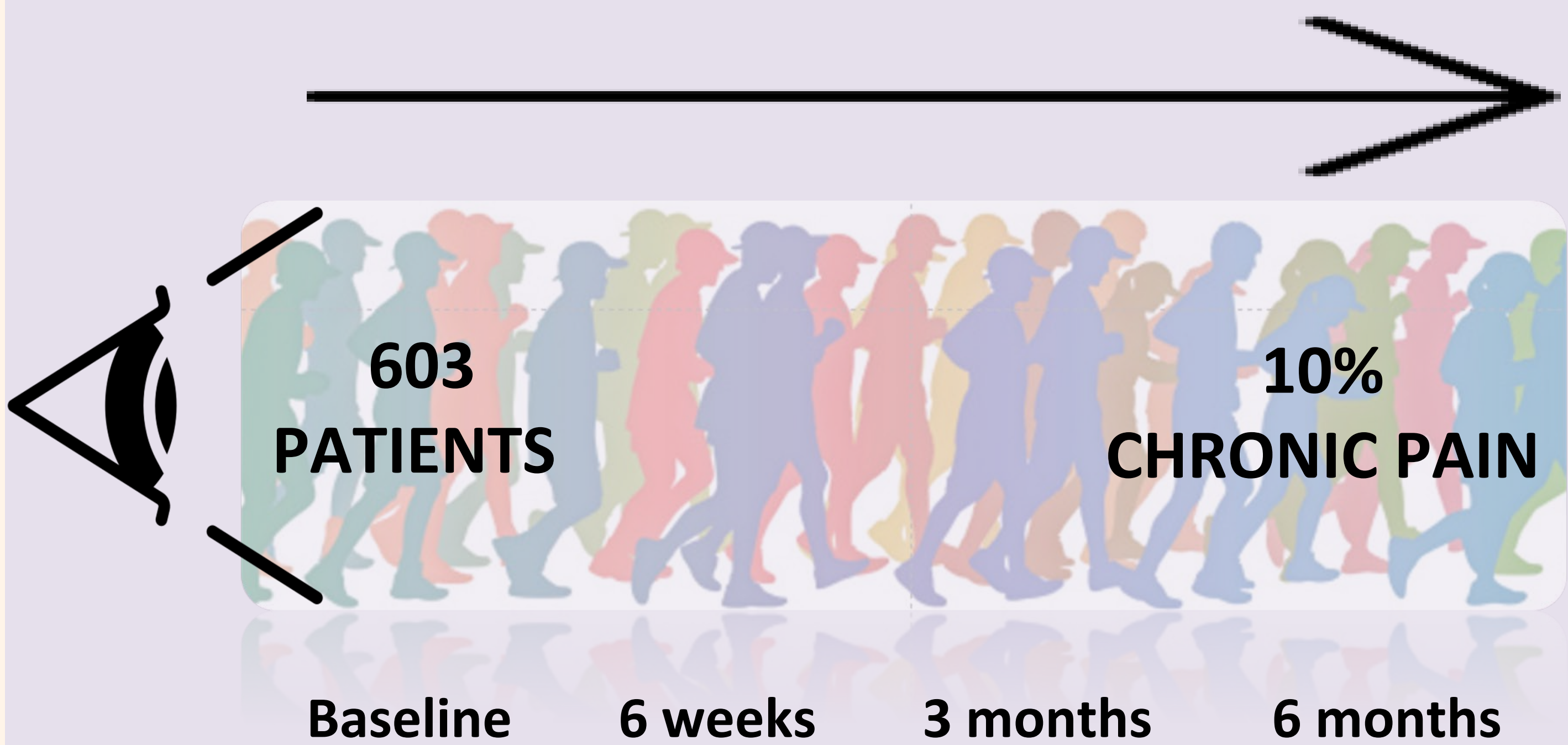
Part 1

Identifies relevant prognostic factors.



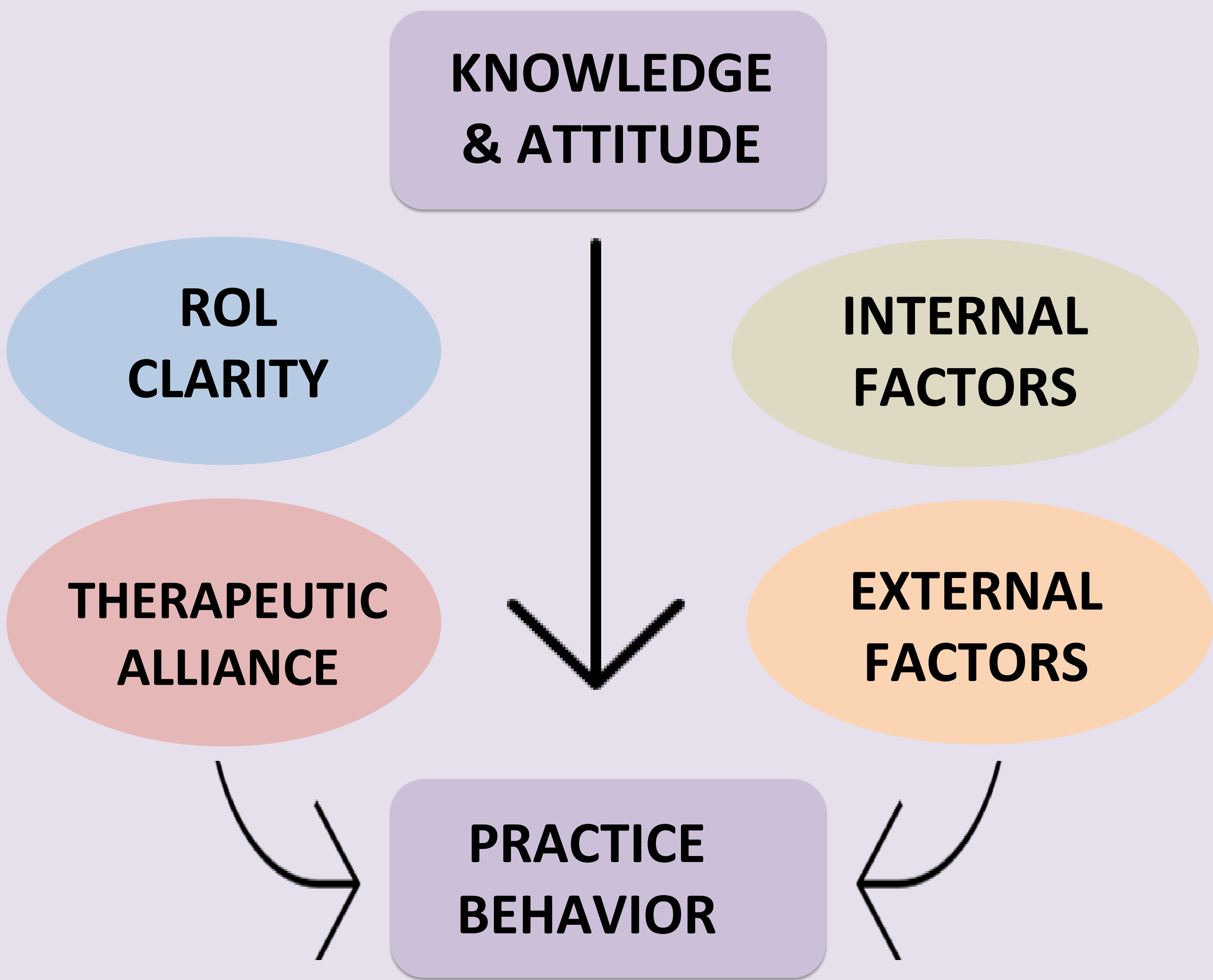
Part 2

Evaluates prognostic factors and develops a longitudinal prognostic model.



Part 3

Explores physiotherapists' knowledge, attitudes, and behavior on prognostic factors.



Clinical message

Robust prognostic model to estimate chronicity risk; external validation required. BPS knowledge and attitude; applying in practice needs attention. Psychological focus may improve reasoning and outcomes.

Future research

Evaluate the impact of modifying prognostic factors on outcomes. Evaluate the model for personalized matched care.

